



■ Product Footprint
■ Usage Footprint

Features

- Five activity areas – Striking, Core and Cardio video training + Avatar Strike Training and Avatar Follow Me gaming
- Durable Commercial Grade Frame
- Quickstart for casual users and data retention options for regular users
- 80+ video training rounds bring personal training in strike, strike technique, core and cardio
- Touch screen monitor
- Custom feedback includes heart rate, accuracy, strike count, power and points
- Infinite number of avatar gaming rounds to keep every user on their toes
- Shock assisted vertical adjustment allows each user to adjust the height from 5' to 6'4"
- HIIT style training rounds bring 3 minutes of intensity followed by a 1 minute rest
- Bluetooth headset for sound control in public environments
- 3-axis accelerometers that gather data from each strike pad and send it to the CPU for analysis
- Each pad swings on a multi-axis to accommodate 18 different strikes including jabs, hooks, knees, and sweep kicks.
- Real leather pads

Weight - 250lbs



Video Strike Training

Avatar Follow Me

Avatar Strike Training

Core Training

Cardio Training

Benefits

- Nexersys is the Personal Trainer that delivers a unique and effective fitness experience every time
- Intense strike and technique training means throwing 300 strikes in a round with the correct form making workouts more effective
- Personalized feedback encourages users to keep playing to improve skills
- Nexersys provides a competitive platform for teams to measure work and challenge each other
- HIIT style training maximizes cardiovascular benefit and burns calories longer AFTER the workout is over
- Nexersys utilizes gaming elements & environment to make fitness fun
- Resistance training tones the core, arms and legs
- Challenging cardio rounds help users get stronger and faster

Commercial Warranty

- 7 Year Frame
- 2 Years Mechanicals & Electronic Parts
- 1 Year Wear Parts
- 1 Year Labor

Contacts

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